

Four Mothers [15]

2024 Ireland 89 mins

UK released 4 April 2025

Director **Darren Thornton**

Screenplay Colin Thornton; Darren Thornton

Cinematography Tom Comerford; Burschi Wojnar

Music Hugh Drumm; Stephen Rennicks

Cast James McArdle (Edward); Fionnula Flanagan

(Alma); Dearbhla Molloy (Jean); Stella McCusker

(Maude); Paddy Glynn (Rosey); Gaetan Garcia

(Raf); Niamh Cusack (Maura)

YA novelist Edward (James McArdle) is a full-time carer for his mutely-defiant mother Alma (Fionnula Flanagan), who bosses him around from an iPad. Chronically unassertive, he's become such a pushover that his three friends can't resist the temptation to ditch their own needy mothers with Edward in order to attend a Pride weekend in Spain. Now Edward has four demanding elderly women to take care of as his publisher becomes ever-more insistent and the object of his lust, physical therapist Raf (Gaetan Garcia), prepares to move overseas.

Darren Thornton – together with his writing partner and brother Colin – makes a warm return to the big screen after 2016's A Date For Mad Mary with Four Mothers, a clearly personal tribute to middle-aged Irish gay men, their working-class matriarchs and what it means to – finally – grow up. A loose remake of the small Italian film Mid-August Lunch (2008), the film showcases once again the genial, salty-sweet disposition of the Thornton brothers alongside their ability to draw empathetic performances from their leads — in this case, veteran Irish actress Flanagan and Glasgow's McArdle, playing a perfect Irishman in his first outright film lead.

The writing in Four Mothers is key to its modest successes: it follows a nicely-paced dramatic trajectory, but the dialogue and performances are key. Edward's debut novel is suddenly finding success in America and his publisher wants him to go on a book tour there to capitalise on it. Lacking self-confidence, Edward struggles with phone-in radio promotional

interviews at the same time as he avoids telling Alma that he needs to go away for two weeks, which will involve her moving to a home for respite care. Clearly, Edward is going to have to grow up or grow a pair over the course of the 89-minute film, and it's testament to McArdle's sensitive understanding of his character that he keeps the viewer's sympathy even as patsy Edward agrees to ever-more outrageous demands. All four women have distinct personalities and problems, which adds to the enjoyment of their slowforming sorority, and the addition of a mini-bus and a road trip to Galway to visit a medium played hilariously by Niamh Cusack keeps the laughs coming. Flanagan is striking in a mute role, conveying the panic, love and selfishness of a wholly- and perhaps happily-dependent woman.

The real achievement of Four Mothers, though, is to take this high, arch concept and turn it into something more subtly loving. How do we best care for ourselves and each other as we get older? It's not a popular subject in cinema, but this gently-exaggerated scenario has truth at its core and is at least part-based on the Thorntons' own mother, as well as the Italian source material. Broad though his film might be, Darren Thornton makes it a closelyshot affair across well-rendered interiors, the better to capture the intimacy of the subject matter. Music underscores the humanity at the film's core. Of course there are laughs here but, like life – and even at Maspalomas Winter Pride – there's so much more to take into consideration.

Fionnuala Halligan, Screen Daily, 13 October 2024 (abridged)

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